

Mother Murphy's Tearoom

Welcome to Mother Murphy's Tearoom

– a family owned business run by husband and wife team, James and Debra Murphy, opened on 1 April 2015.



Jim and Debra enjoying one of their many cycling days.

At Mother Murphy's our aim is to provide tasty, quality food in a relaxed and friendly environment.

Our traditional home cooked food is prepared from scratch using quality and locally sourced ingredients where ever possible.

Don't forget to ask us about our **Delicious Without Range** which is all gluten, wheat and dairy free. Most of the menu can be prepared for you gluten and dairy free so please ask us.

Craft, Chat and Cake Sessions – (See boards for days and times)
Bring along your crafts, share your skills, help others, learn a new craft, make new friends and, of course, eat home-made cakes.

We hope you enjoy your visit to our tearoom and that we see you again very soon.

Jim and Debra

Please note that our menu is subject to changes depending on availability.
*gf/df: gluten/wheat/dairy free options available – please advise us if you would like your order preparing gf/df.
Cash Payments Only. Hot Food Served Until 3.00 pm.

FOOD ALLERGIES AND INTOLERANCES

Please ask us about the ingredients in your food when making your order.

Products in our ***Delicious Without Range*** are gluten, wheat and dairy-free, but are prepared in a kitchen where all of the allergens – ***Celery, Grains Containing Gluten, Crustaceans, Eggs, Fish, Lupin, Milk, Molluscs, Mustard, Nuts, Peanuts, Sesame Seeds, Sulphur Dioxide***) may be used.

We do however go to every effort to ensure there is no cross contamination between products, using separate utensils, workstations and griddles.

We have a kitchen at home which is also approved by Food Standards Agency where most of the baking is carried out to again avoid cross contamination.

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BREAKFAST CHOICES – Hot food served until 3.00 pm

Porridge (gf)

Porridge oats, cooked slowly in milk.....	£2.50
Served with honey/maple syrup	£3.00

Hot Toast (gf)

Two slices of white or wholemeal toast served hot with butter and our homemade jam, marmalade or honey/nutella	£2.10
Add	
30p	

Extra Portion of home-made jam, marmalade or honey/nutella

Griddle Pancakes (gf/df)

Three of our homemade griddle pancakes, served warm, just as they come, with butter	£3.00
Served hot with butter and/or our homemade jam, marmalade or honey/nutella	£3.50
Served hot with maple syrup and sliced banana	£4.00
Served hot with crispy bacon and maple syrup	£4.50
Served hot with crispy bacon, maple syrup and sliced banana	£5.20

Beans on Toast (gf/df)

Two slices of hot white or wholemeal toast served hot with butter and Heinz baked beans	£3.00
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Bacon and Beans on Toast (gf/df)

Two slices of hot white or wholemeal toast served with butter, crispy bacon and Heinz baked beans	£3.50
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Scrambled Egg on Toast (gf/df)

Two slices of hot white or wholemeal toast served with butter and scrambled egg made with free range Scottish eggs, butter and milk....	£3.50
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Poached Egg on Toast (gf/df)

Two slices of hot white or wholemeal toast served with butter and 2 poached eggs made with free range Scottish eggs.....	£3.50
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French Toast (Eggy-Bread) (gf/df)

Two slices of white or wholemeal bread, dipped in free range Scottish eggs and cooked in the frying pan	£3.50
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Omelette (gf/df)

Made fresh for you with 2 free range Scottish eggs, butter and milk, served with two slices of hot white or wholemeal toast and butter	£3.50
Add a filling – eg, crispy bacon, grated cheese, home cooked ham - per filling.....	70p
Add a side salad with crisps, relish and homemade coleslaw.....	£1.10

Breakfast Rolls – Brown or White

Scrambled Egg made with 2 free range Scottish eggs, butter and milk.....	£2.50
2 slices of Black Pudding	£2.50
1 Potato Scone	£2.50
3 rashers of crispy Bacon	£2.50
Breakfast roll with your choice of two fillings	£3.20
Breakfast roll with your choice of three fillings	£3.90

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LUNCHTIME CHOICES - Hot food served until 3.00 pm

TRADITIONAL SANDWICHES (gf/df)

Made freshly for you with wholemeal/white bread/Ciabatta or Tasca, served with a salad garnish, crisps, relish and homemade coleslaw:

	Bread	Ciabatta/ GF Bread	Tasca
Just Salad - Simply fresh salad.....	£3.30	£3.85	£4.00
Cheese - Grated Scottish cheese just on its own	£4.40	£4.95	£5.15
Cheese Savoury - Grated Scottish cheese mixed with chopped onion and Hellman's mayonnaise	£4.40	£4.95	£5.15
Egg Mayonnaise - Made with Scottish free range eggs mixed with Hellman's mayonnaise	£4.40	£4.95	£5.15
Ham - Our home-cooked ham (soaked overnight, boiled then roasted with cloves, honey and brown sugar).....	£4.40	£4.95	£5.15
Hot Pulled Pork - Marinated and cooked pulled port in a BBQ sauce.....	£4.40	£4.95	£5.15
Turkey - Our home-cooked turkey	£4.40	£4.95	£5.15
Tuna Mayonnaise - Tuna mixed with Hellman's mayonnaise	£4.40	£4.95	£5.15
Extra Filling	Add 70p		
Fish Finger Sandwich - Just As It Comes - 3 fish fingers in two slices of bread	£3.90		
Ultimate Fish Finger Sandwich - 3 fish fingers in two slices of bread, served with a salad garnish, crisps, relish and homemade coleslaw	£4.90		
Jam/Nutella/Banana Sandwich - made with two slices of white or wholemeal bread	£2.00		

TOASTED SANDWICH (gf/df)

Your choice of any of the above sandwiches/ciabatta/tasca toasted Add 50p

JACKET POTATOES (gf/df)

Cooked freshly for you, served with a garnish of salad, crisps, relish and homemade coleslaw:

Just Butter - With no filling	£5.30
Beans - With Heinz Baked Beans	£5.80
Cheese - With Grated Scottish cheese	£6.00
Cheese & Homemade Coleslaw - Grated Scottish cheese topped with our homemade coleslaw	£6.50
Cheese & Ham - Grated Scottish cheese topped with our home-cooked ham (soaked overnight, boiled then roasted with cloves, honey and brown sugar).....	£6.60
Cheese, Beans & Bacon - Grated Scottish cheese, Heinz bake beans and 2 rashers of crispy bacon	£6.90
Egg Mayonnaise - Made with Scottish free range eggs mixed with Hellman's mayonnaise	£6.00
Ham - Our home-cooked ham (soaked overnight, boiled then roasted with cloves, honey and brown sugar).....	£6.90
Hot Pulled Pork - Marinated and cooked pulled port in a BBQ sauce.....	£6.90
Tuna Mayonnaise - Tuna mixed with Hellman's mayonnaise	£6.90
Add An Extra Filling -	70p

Fresh Fruit

Apples/Bananas £1.00 each

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CAKES, BAKES AND SWEET TREATS

All our cakes and bakes really are made from scratch by us at Mother Murphy's and we usually have a choice of about eight cakes and bakes.

Please ask Debra or Jim for today's choices or take a look at the cake display.

Many of our cakes and bakes are gluten, wheat and dairy free. Some are also egg free. If you see **DW** on the mini blackboards, this indicates the cake/bake is gluten/wheat and dairy free. An **E** on the mini blackboards indicates the cake/bake is egg free.

MORE TREATS

LUXURY PUDDINGS

Turn your cake or bake into a luxury treat and have it served:

- warm with hot custard (gf/df)..... Add £1.25
- with whipped fresh cream..... Add 30p

TRADITIONAL AFTERNOON TEA (gf/df)

All served on a beautiful 3 tier cake stand for each person- because who wants to share their afternoon tea?

Take your time; relax in the ambiance of a traditional tearoom and indulge yourself in:

- freshly made sandwiches
- one of our home-made scones with our home-made jam and fresh cream
- 3 small home-made cakes and bakes
- Accompanied by a teapot of leaf tea or freshly ground coffee

Per person..... £14.99
(Add 50p for a Cappuccino or Latte)

SCONES AND TOAST (gf/df)

Homemade scone, served with butter, cream and our homemade jam/marmalade or honey/nutella
(please ask Debra or Jim for today's choices) £2.50

Two slices of toast served with butter and our homemade jam/marmalade or honey/nutella £2.10

Extra Portion of our homemade jam/marmalade or honey/nutella..... Add 30p

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SOMETHING TO DRINK

If possible, we aim to have our drinks available with semi-skimmed, skimmed or dairy free milk

TEAS

A choice of fine quality leaf teas served in a teapot with milk or lemon:

Scottish Breakfast Tea – <i>What other breakfast tea could we make with Scottish water?</i>	£2.50
Earl Grey Tea – <i>A refreshing, refined blend, delicately scented with oil of bergamot</i>	£2.80
Green Tea/Assorted Flavoured Tea – <i>(please ask Debra or Jim for the choices available)</i>	£2.80

COFFEES

We use Caffia Espresso Crema – a mellow and rounded blend of specially prepared coffee from India and Africa. Typical of the southern Italian taste, with softness and hints of butter and chocolate.

Espresso – <i>A short and intense cup of coffee brewed under pressure, giving a rich and aromatic taste</i>	£2.50
Cappuccino – <i>A shot of espresso with steamed and frothed milk</i>	£2.80
Latte – <i>A combination of espresso coffee with plenty of textured, steamed milk and a foam cap</i>	£2.80
Americano – <i>A long black coffee made by adding an espresso to hot water</i>	£2.50
White – <i>An Americano with a jug of cold/hot milk on the side</i>	£2.60
Flat White – <i>A milky coffee, without the froth</i>	£2.80
Mocha – <i>A rich and indulgent creamy hot chocolate drink made with hot milk and a shot of Caffia espresso</i>	£3.30
Decaffeinated – <i>100% pure Colombian Arabica beans roasted to light espresso shade – all the flavour but no caffeine</i>	£2.60
Extra Coffee Shot	50p
Flavour Shot – <i>Caramel, gingerbread, cinnamon, hazelnut or peppermint</i>	50p
Babychino – <i>For our younger customers – frothy milk gently heated to 40.5 °c, served with sprinkled chocolate and a marshmallow on the side</i>	£2.30

HOT CHOCOLATE (gf)

We use Gracio Hot Chocolate – containing only prime quality pure Cocoa powder and sugar

Hot Chocolate – <i>A rich and indulgent creamy hot chocolate drink made with hot milk</i>	£3.00
Ultimate Hot Chocolate – <i>Hot chocolate with marshmallows, cream and finished with chocolate sprinkles</i>	£3.50
Flavour Shot – <i>Caramel, gingerbread, cinnamon, hazelnut or peppermint</i>	Add 50p

COLD DRINKS

Glass of Fresh Milk	£1.40
Glass of Fresh Orange Juice	£1.95
Bottle of Still Water	£1.95
Can of Coca-Cola or Diet Coca-Cola	£1.95
Can of Barrs Irn Bru or Diet Irn Bru	£1.95
Can of Schweppes Lemonade	£1.95
Bottle of Rubicon Spring – Sparkling spring water and fruit juice (various flavours)	£1.95
Bottle of Britvic J2O	£2.30
Fruit Shoot	£1.70

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OPENING HOURS

Monday	-	Closed
Tuesday	-	Closed
Wednesday	-	10 am – 4 pm
Thursday	-	10 am – 4 pm
Friday	-	10 am – 4 pm
Saturday	-	10 am – 4 pm
Sunday	-	10 am – 4 pm

AFTERNOON TEA VOUCHERS

*Are you looking for a special gift for somebody?
Why not buy a voucher for our Traditional Afternoon Tea.
Please ask Jim or Debra for more information*

MOTHER MURPHY'S TEAROOM
68 Ladysmill, Falkirk. FK2 9AU
Tel: 07951843512/07941748356
Email: debra@mothermurphys.co.uk
jim@mothermurphys.co.uk

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